



**weight  
watchers**

**Get 12  
weeks for**

**free**

**Weight Watchers & Everyone Health are working together.  
Register with Everyone Health for a free 12 week  
personalised exercise programme and you will be invited to  
join Weight Watchers for FREE**



If the following statements apply, you may be eligible to join our FREE programme:

**I have a Body Mass Index (BMI) of 25+ (If you don't know, we can help)**

**I am 16 or above**

**CALL NOW to complete the next step**

**0333 005 0093**

**everyone**  
**HEALTH**