

News from Bottisham Medical Practice Patients' Group

Patients' Car Service

We are **still** looking for people to join a rota of volunteers to drive patients with no other means of transport from the villages of Bottisham, Lode and Quy to and from Bottisham surgery for their appointments. The service runs daily to cover the 9.10 to 9.40 appointment slots. We also hold a list of volunteers who are available to cover on-the-day appointments during morning surgery only. Drivers must be medically fit and hold a full clean driving licence.

If you have a few hours to spare and would like to help those in your local community please telephone the surgery on 01223 810030 and leave your name, address and a contact telephone number and the Service Administrator, Mrs. Janet Aves, will contact you with further information as to how you can get involved.

For patients 16 – 21 years old: Please ensure you check your contacted details with the practice as some patients are still registered under their parents contact details.

Cervical Smears: Unfortunately there has been a fall in the uptake of screening so if you are offered one do please take it. Early detection of cancerous cells could prove lifesaving.

Measles: Cases of this very infectious disease are on the rise due to low take up of the vaccinations. Measles can lead to serious complications and vaccination is available.

Flu Vaccination Clinics: Dates for these are 19 October and 16 November. Early morning appointments will also be made available on Mondays and Tuesdays through the autumn. There will be a cake bake at the 19 October session to raise funds for Hospice at Home who are raising funds to provide an additional 200 nights of care.

National Deaf CAMHs (Child Mental Health & Adolescent Services) Cambridge –based next to Bottisham Medical Practice – Who We Are

This team was originally set up 9 years ago and was created as an outreach service to provide mental health support to deaf young people and their families as well as hearing children with deaf parents.

We are employed by South West London and St Georges Mental Health Trust and work closely alongside colleagues in the South East Region and the Sussex/Surrey team. The team is part of the wider National Deaf CAMH services who provide support additionally in the North, Central region, South West England whereby we meet several times each year to review/set clinical standards, create national audits, support additional training in order to improve service user experience and the complex service we provide for our families at a national level.

Working within the East of England we cover 7 counties including Hertfordshire, Bedfordshire, Parts of Essex, Suffolk, Norfolk, Peterborough and have had our base right at the centre, in Cambridgeshire. As we are a small team we like to work jointly with local mental health, educational and social services and can provide deaf

awareness to families, schools and other professionals. We have also been strengthening our ties with audiology and cochlear implant teams, opening up dialogues around mental health and Deaf culture.

The was originally based in the Ida Darwin Hospital Fulbourn, but relocated last year to Bottisham, and have just celebrated our 1st year. During the last 12 months the service has settled well into our new location, have met some of the friendly local residents as well as enjoying the local amenities.

Walks for Health: The next walks with our accredited walk leader Steve Gilson start at 11.00 am from the surgery car park on 4 October, 8 and 20 November, 6 December 2019. Do join Steve for a walk he would be delighted to see you. Walks from Anglesey Abbey continue on Thursdays at 10am from the reception area.

Next Patient Group Meeting: Next meeting will be Thursday 28 November 2019 at 6.30pm at the surgery.

Bottisham Patients' Group